

The below answer sheet is for your own self-assessment. Please keep your completed questionnaires and answers on file for your record. Sustainability Summit will send you a Refuel certificate once your questionnaire has been submitted.

Building Healthy Homes For Wellbeing

1. What are the essential design and construction elements that contribute to the health and wellbeing of both the occupants and the longevity of residential buildings?
2. What role does natural light, ventilation, and acoustic performance play in promoting the wellbeing of residents, and how can these factors be optimized in home design?
3. How can builders and designers identify the types of products that contribute to the creation of healthy homes
4. What are the key considerations for maintaining and managing healthy homes over time, and how can homeowners be educated about practices that support the ongoing health of their living environment?

At the end of this panel, attendees will be able to:

- Define the terms 'healthy home' and 'wellbeing'
- Outline the variables involved in ensuring a home contributes to the wellbeing of its occupants
- Identify design strategies that contribute to the creation of healthy homes
- Identify types of building products that contribute to the creation of healthy homes
